

Financial Aid

Office of Student Financial Assistance

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Semester Programs

- ◆ Financial Aid applies to affiliated CUA programs as long as you have completed the FAFSA
- ◆ No additional steps are necessary outside of making sure any aid refunds are setup for direct deposit (enroll via CARDINALPAY)
- ◆ Scholarship enrollment requirements must be met
- ◆ PLUS Loans may be applied to study abroad for unmet need. Loan applications should be completed a minimum one month before departure.

Summer Programs

- ◆ Summer financial aid application must be completed. Form available at financialaid.cua.edu
- ◆ PLUS Loans may be utilized to cover costs of summer session
- ◆ Grants and scholarships are not available during the summer
- ◆ PLUS Loan applications should be completed a minimum one month before departure

Emotional & Mental Wellness

BEFORE DEPARTURE

- ◆ Plan for continuity of care if needed, including medications
- ◆ Create a communication plan with friends and family
- ◆ Discuss with your romantic partner expectations for the relationship
- ◆ Do a self-care inventory and bring the important parts with you: books, movies, music, running shoes

AFTER ARRIVAL

- ◆ Understand that there will be an adjustment period
- ◆ Try to establish new routines
- ◆ Immerse yourself!

COUNSELING ABROAD

- ◆ CUA Counseling, United HealthCare Global, and on-site support staff can help you find an English-speaking counselor abroad, if needed.